

**PROFESSIONAL INFORMATION**

**COMPLEMENTARY MEDICINE: OTHER (HEALTH SUPPLEMENT)**

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

**SCHEDULING STATUS**

**S0**

**1. NAME OF THE MEDICINE**

**TONY FERGUSON CHLORELLA 500 mg (tablets)**

**2. QUALITATIVE AND QUANTITATIVE COMPOSITION**

<b>Each tablet contains:</b>	
<i>Chlorella pyrenoidosa</i> (Chlorella) [Broken Cell] [powder]	500,00 mg

**Sugar free**

For full list of excipients, see section 6.1.

**3. PHARMACEUTICAL FORM**

Tablets.

Green-brown tablets.

Contains ingredients of natural origin; variations in colour and taste may occur from batch to batch.

**4. CLINICAL PARTICULARS**

**4.1 Therapeutic indications**

TONY FERGUSON CHLORELLA is a health supplement that:

- Provides a source of nutrients and antioxidants to help protect cells against the oxidative damage caused by free radicals.

**4.2 Posology and method of administration**

**Posology**

**Adults 18 years and older:** Take up to four tablets daily, or as directed by a healthcare provider.

Take a few hours before or after taking other medications or health products.

Do not exceed the recommended dose.

## **Method of administration**

For oral use.

### **4.3 Contraindications**

- Hypersensitivity to any of the active ingredients listed in section 2 or to any of the excipients listed in section 6.1.

### **4.4 Special warnings and precautions for use**

- Consult a healthcare provider prior to use for patients taking blood thinners.
- Caution is advise in patients with immune deficiencies.
- Patients with sensitivity to moulds should use with caution due to risk of cross-allergenicity.
- Chlorella may increase skin sensitivity to sunlight.

### **4.5 Interaction with other medicines and other forms of interaction**

- **Photosensitizing medications and supplements:** chlorella may have additive effects when used concomitantly with photosensitizing medications and supplements.
- **Warfarin:** chlorella may reduce the clinical effects of warfarin.

### **4.6 Fertility, pregnancy and lactation**

Safety during pregnancy and lactation is not established.

### **4.7 Effects on ability to drive and use machines**

Patients should exercise caution before driving or operating machinery until they are reasonably certain TONY FERGUSON CHLORELLA does not adversely affect their performance.

### **4.8 Undesirable effects**

TONY FERGUSON CHLORELLA is generally well tolerated when taken at the recommended dose.

#### **Gastrointestinal disorders**

*Frequent:* diarrhoea, abdominal cramping, flatulence, nausea, green discolouration of stool.

#### **Immune system disorders**

*Frequency unknown:* allergic reactions including asthma and anaphylaxis.

### **Nervous system disorders**

*Frequency unknown:* fatigue.

### **Skin and subcutaneous tissue disorders**

*Frequency unknown:* photosensitivity reactions.

### **Reporting of suspected adverse reactions**

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Healthcare providers are requested to report any suspected adverse drug reactions to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (who-umc.org) found on the SAHPRA website.

### **4.9 Overdose**

In the event of an overdose, undesirable effects as listed in 4.8 can be precipitated or be of increased severity.

Treatment of overdose is symptomatic and supportive.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

**Class and category:** Category D 34.13 Other. Complementary Medicine: Health Supplement.

TONY FERGUSON CHLORELLA is a health supplement that:

- Provides a source of nutrients and antioxidants to help protect cells against the oxidative damage caused by free radicals.

### **5.2 Pharmacokinetic properties**

Pharmacokinetic studies have not been conducted on TONY FERGUSON CHLORELLA.

There is insufficient reliable information available about the pharmacokinetics of chlorella.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Di-calcium phosphate  
Microcrystalline cellulose  
Croscarmellose sodium  
Polyvinylpyrrolidone

Maize starch  
Magnesium stearate

## **6.2 Incompatibilities**

Not applicable.

## **6.3 Shelf Life**

24 months from date of manufacturing.

## **6.4 Special precautions for storage**

Store at or below 25 °C.  
Store in a dry place away from direct sunlight and moisture.  
Store in the original package until required for use.

## **6.5 Nature and contents of container**

White plastic container, with an induction seal and white screw-on cap.  
Pack sizes: 200 tablets.

## **6.6 Special precautions for disposal**

No special requirements.

## **7. HOLDER OF CERTIFICATE OF REGISTRATION**

Manufactured for Tony Ferguson Weightloss SA  
(Pty) Ltd. 686 Carradale  
Crescent, Cedar Creek Estate  
Needwood Ext. 8  
Broadacres, Johannesburg  
South Africa  
2191  
info@tonyferguson.co.za

## **8. REGISTRATION NUMBER**

Will be allocated by SAHPRA upon registration.

## **9. DATE OF FIRST AUTHORISATION**

Will be allocated by SAHPRA upon registration.